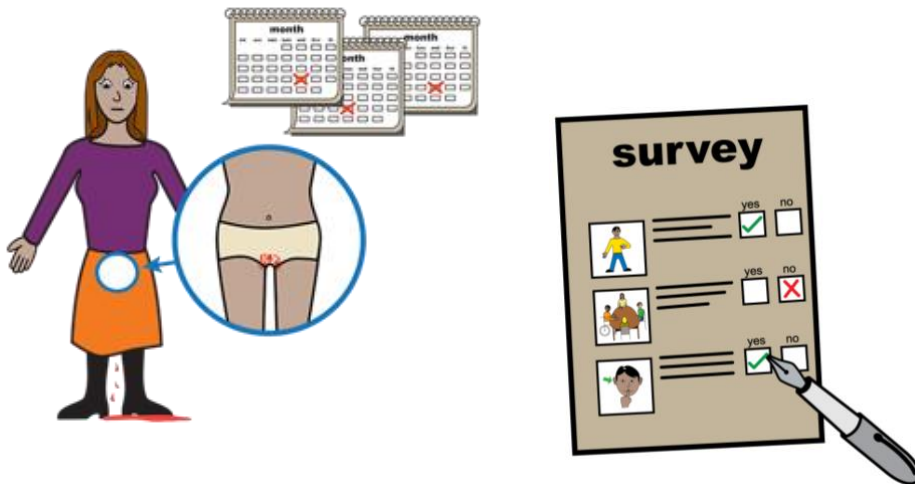


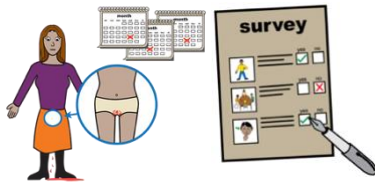
WWDA Youth Survey



Part 2.

Your Period

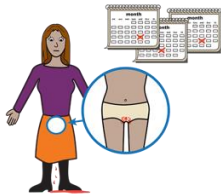




About Part 2



This is **Part 2** of the WWDA Youth survey about your period and safer sex.



This part is about **your period**.



Learn about **your period**.

Read it in Easy English.



Go to **www.oursite.wwda.org.au**

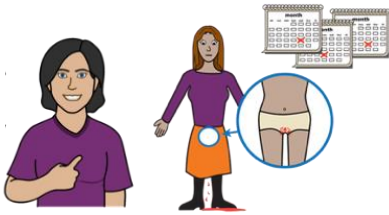
Open the search window

Type **WWDA Easy English Book.**

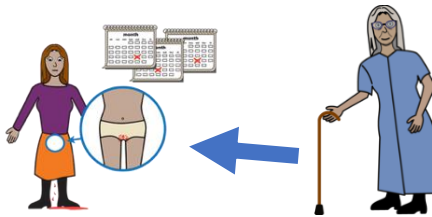
Your period.



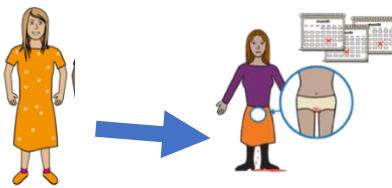
1. Tick the option that best describes you.

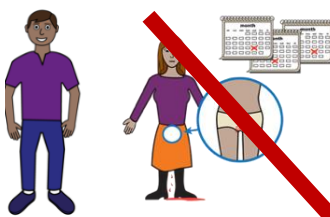
• I currently have a period



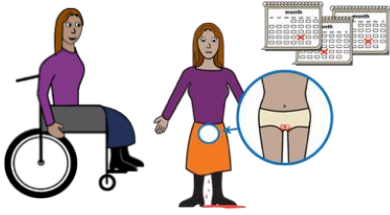
• I used to get a period



• I will have a period in the future



• I have never and will never have a period

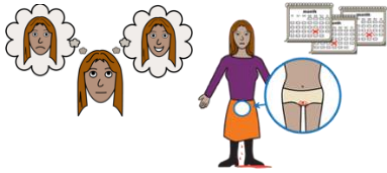


2. Do you have a disability that changes your period?

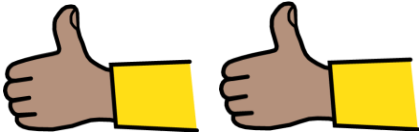
Like



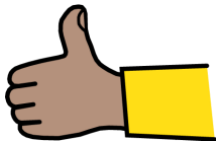
Endometriosis is a disability that can make periods hurt a lot.



3. How much do you know about your period?



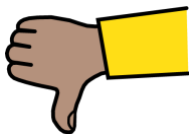
• I know a lot



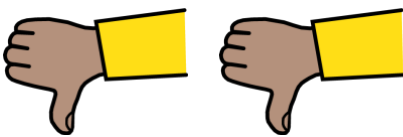
• I know a little bit



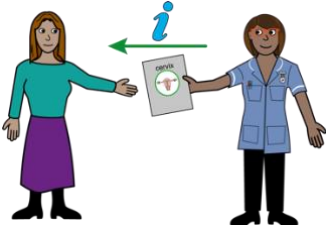
• I am not sure



• I do not know much



• I know nothing



4. Where did you first learn about your period?

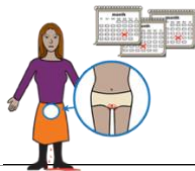
Like



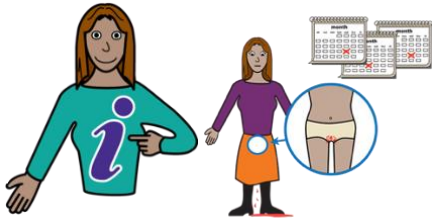
- a parent told you



- a friend told you



- you read a book about periods.



5. Is there any information on your period that you have found helpful?

Like



- a book

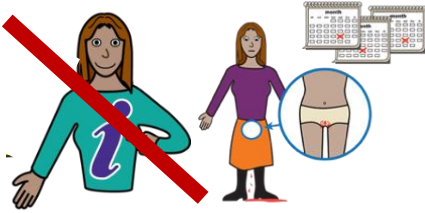


- an Easy English fact sheet

]



- a website.



6. Is there any information on your period that you have found not helpful?

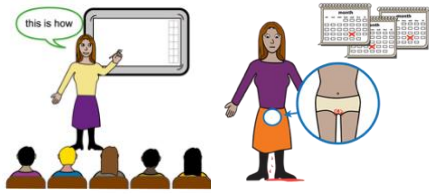
Like



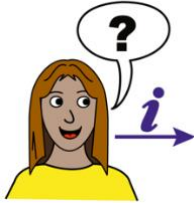
- a book



- a website.

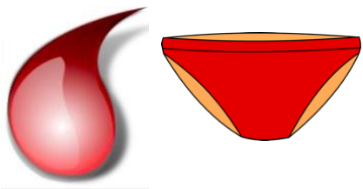


7. What would help you learn about periods?



Like

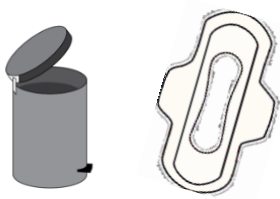
- information on different period products
- advice from older people.



8. What do you wear to catch the blood when you have your period?



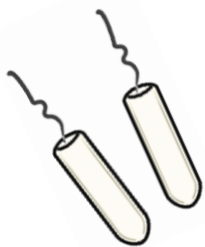
- pads that you can wash.



- pads you throw in the bin.



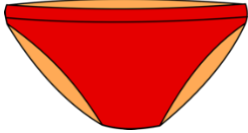
- liners



- tampons



- menstrual cups



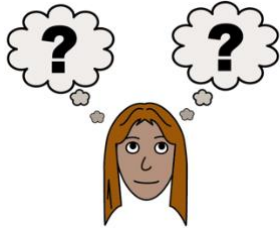
- period underwear



- sea sponges



- other (tell us below)



9. Where do you get your period products?



- a supermarket

Like

- Coles
- Woolworths.



- a pharmacy or chemist



- a doctor or GP



- a sexual health service



- I buy products on the internet



- I don't know. Someone else buys them for me.

Like

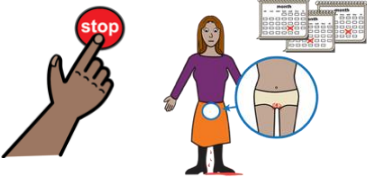
- a parent
- a support worker.



- I don't buy period products

?

- other (tell us below)
-



10. Do you use anything else to help with or stop your periods?

Like



- pills to stop you bleeding



- a heat pack or hot water bottle to help
with pain.



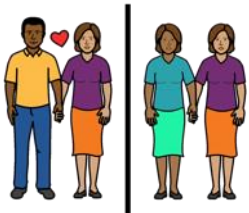
11. Who chooses what products or medications you use for your period?



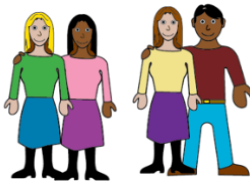
- me



- my mum or dad



- my boyfriend or girlfriend



- my sister or brother



- my carer or support worker



- my doctor



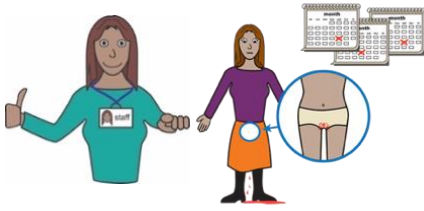
- it changes. Sometimes I choose.
Sometimes someone else does.



- I am not sure



- other (tell us below)



12. What support do you need to get or use products to help with your period?

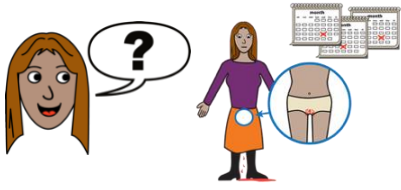
Like



- you need help with the cost



- you need help with putting in a tampon or pad.



13. What questions about periods would you like answered?



14. Is there anything else you would like to say?



This fact sheet

This fact sheet is based on the WWDA Youth Survey: Sexual and Reproductive Health Resources.



Who wrote this survey?

Women With Disabilities Australia wrote this survey in 2021. 2021.

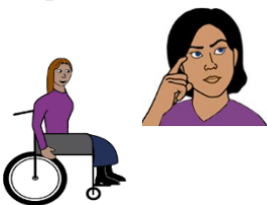


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