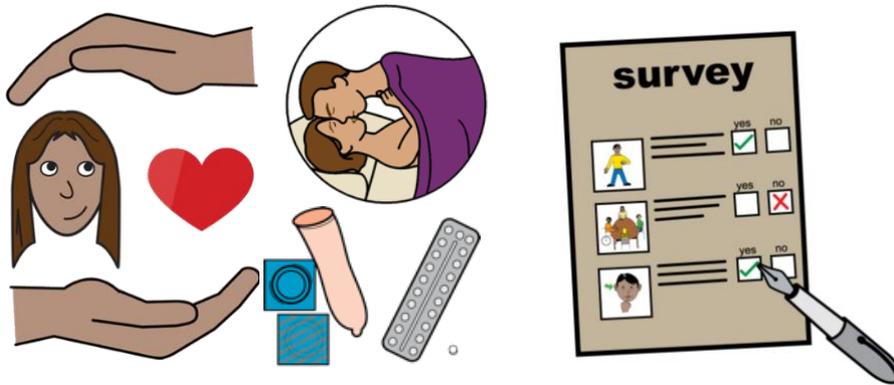


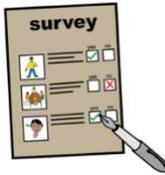
WWDA Youth Survey



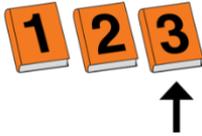
Part 3.

Safer Sex and Contraception

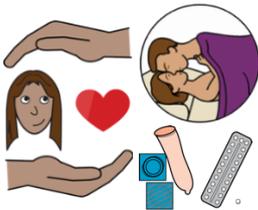




About Part 3



This is **Part 3** of the WWDA Youth survey about your period and safer sex.

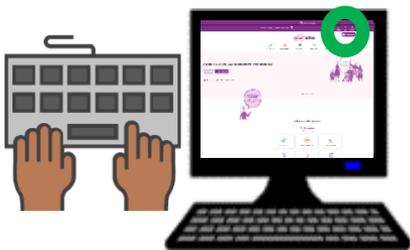


This part is about **safer sex and contraception**.



Learn about safer sex and contraception.

Read it in Easy English.

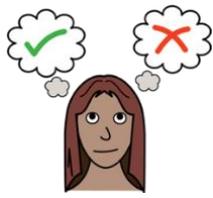


Go to **www.oursite.wwda.org.au**

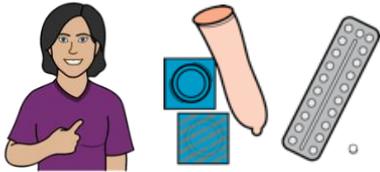
Open the search window

Type **WWDA Easy English Book.**

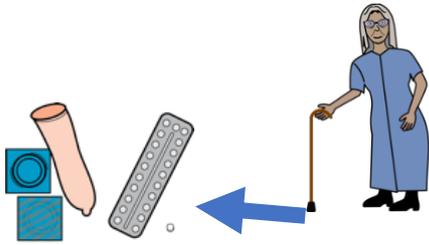
Safer Sex and Contraception



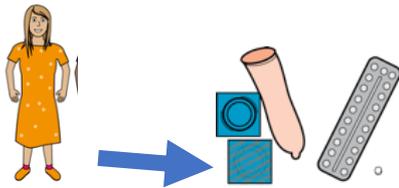
1. Tick the option that best describes you.

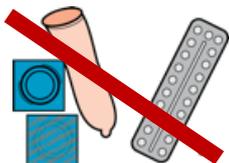
• I currently use contraception



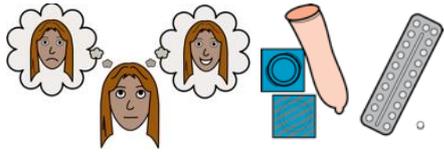
• I have used contraception in the past



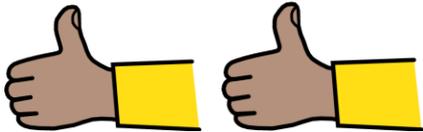
• I plan to use contraception in the future



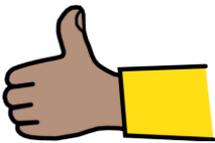
• I have never used any form of contraception



2. How much do you know about contraception?



• I know a lot



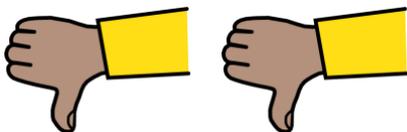
• I know a little bit



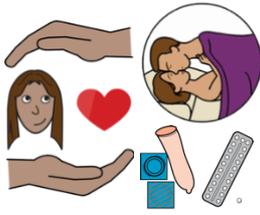
• I am not sure



• I do not know much



• I know nothing



3. Where did you first learn about safer sex and contraception?

Like



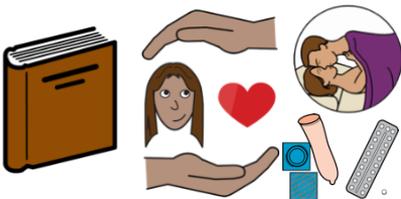
- a parent told you



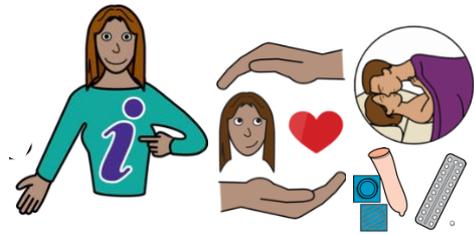
- you were told at school



- a friend told you



- you read a book about it.



4. Is there any information on safer sex and contraception that you have found helpful?

Like



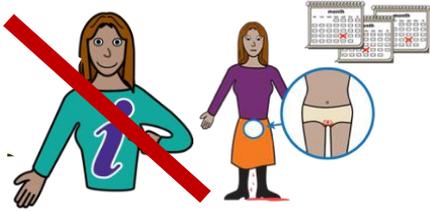
- a book



- an Easy English fact sheet



- a website.



5. Is there any information on safer sex and contraception that you have found not helpful?

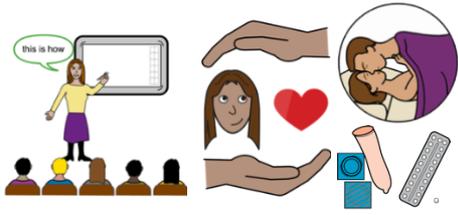
Like



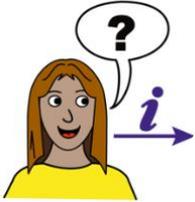
- a book



- a website.

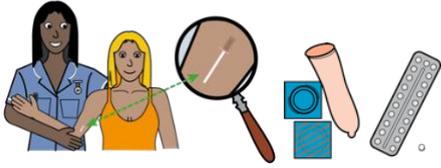


6. What would help you learn about safer sex and contraception?

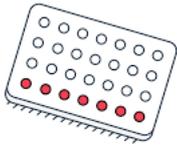


Like

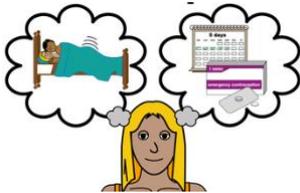
- information on different types of contraception
- advice from older people.



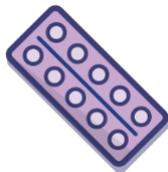
7. Tick any of the types of contraception that you use.

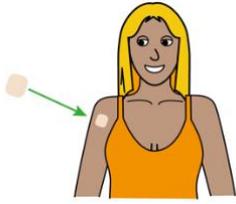
- the pill
- you take this every day.



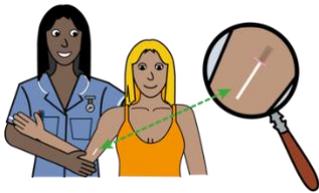
- the morning after pill
- after you have had unsafe sex.



- the mini pill
- you take this every day.



- contraceptive patch
- a patch that goes on your arm.



- rod or bar
- a bar that a nurse or doctor puts in your arm.

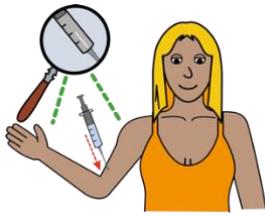


- hormonal IUD
- a doctor or nurse puts this in your vagina.



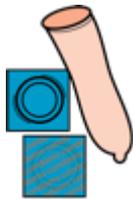
- copper IUD
- a doctor or nurse puts this in your vagina.





- the jab

- a needle that a doctor or nurse gives you.



- male condom

- a plastic tube you put on a penis.



- female condom

- also called a dental dam

- plastic you put in a vagina.



- diaphragm

- you put this in your vagina before you have sex.

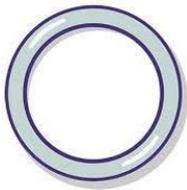




- period tracking



- this means you track your period
- you learn when you are most likely to get pregnant
- you do not have sex when you can get pregnant.



- vaginal ring



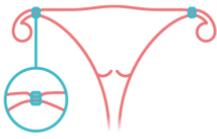
- a soft plastic ring that you put in your vagina
- it stays in for three weeks.



- pulling out

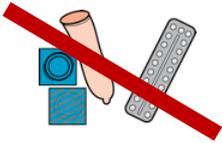


- this is when the penis is pulled out before ejaculation
- this is to avoid pregnancy.



- sterilisation

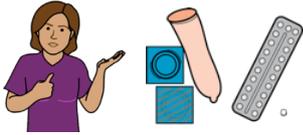
- this means you have had an operation
- you can no longer have children.



- I do not use contraception

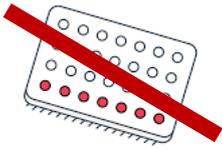


- other (tell us below)



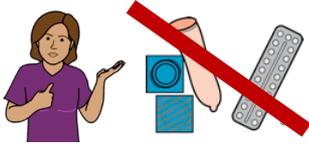
8. Is there a reason you use or do not use one type of contraception?

Like



Some people do not like to use the pill.

- it makes them feel bad.



9. If you do not use contraception.

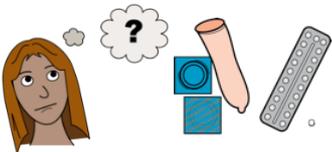
Tell us why?



- I do not have sex right now



- I cannot have children



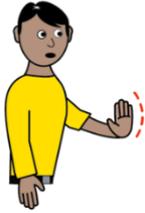
- I don't know what my options are



- It is too expensive



- I do not know where to get it



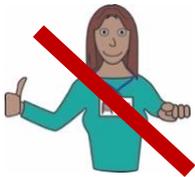
- someone told me not to



- I would have to hide it from my family



- I am not sure



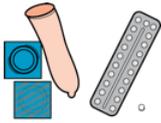
- I do not have the support I need



- I do not have the right health advice



- other (tell us below)



10. If you do use contraception.

Tell us why?



- so I do not get pregnant



- so I do not get Sexually Transmitted Infections

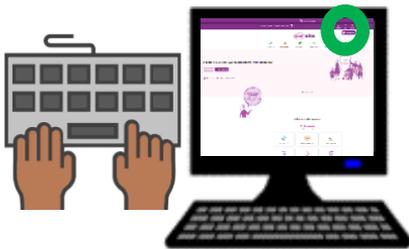
Women with
Disabilities Australia



Sexually Transmitted
Infections - STIs

Learn about Sexually Transmitted Infections.

Read it in Easy English.

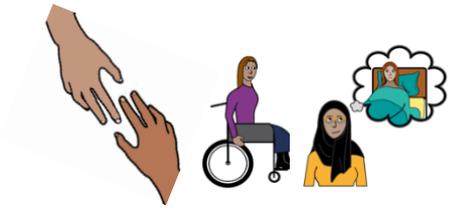


Go to www.oursite.wwda.org.au

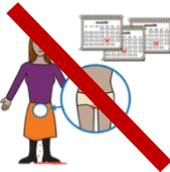
Open the search window

Type **WWDA Easy English Book.**

Sexually Transmitted Infections - STIs



- to help with my disability or health



- to control or stop my period



- I am not sure



- other (tell us below)



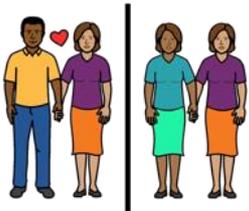
11. Who chooses what contraception you use?



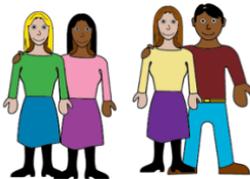
- me



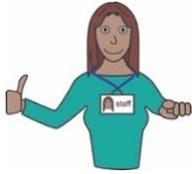
- my mum or dad



- my boyfriend or girlfriend



- my sister or brother



- my carer or support worker



- my doctor



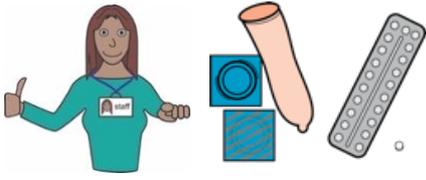
- it changes. Sometimes I choose.
Sometimes someone else does.



- I am not sure



- other (tell us below)



12. What support do you need to get or use contraception?

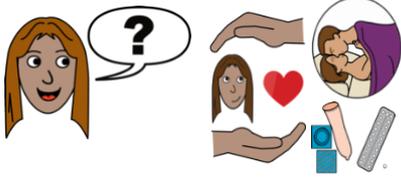
Like



- you need help with the cost



- you need help with taking medication.



**13. What questions about safer sex or
contraception would you like answered?**



**14. Is there anything else you would like to
say?**



This fact sheet

This fact sheet is based on the WWDA Youth Survey: Sexual and Reproductive Health Resources.



Who wrote this survey?

Women With Disabilities Australia wrote this survey in 2021. 2021.



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