

# Women with Disabilities Australia



## What is LGBTIQA+?



Women  
With  
Disabilities  
Australia  
(WWDA)

We are Women with Disabilities Australia.



, book explains what is LGBTIQA+.



Women with  
Disabilities Australia



New words



This book is for women and girls  
with **disability**.

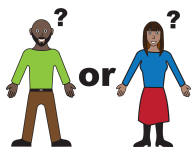
Learn about disability in our book **New Words**.

# What is LGBTIQA+?



**LGBTIQA+** are letters that mean

- lesbian
- gay
- bisexual
- transgender
- intersex
- queer
- asexual
- other.



LGBTIQA+ can also be used to mean **diverse**



**sexes, sexualities and genders**



You can **learn** about these words in **this book**.



## Sex

Can mean when you have sex with someone.

But it is also about the body you are born with.

The body you are born with is usually labelled

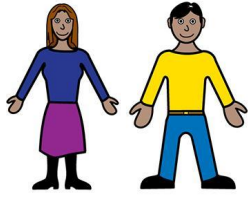


● **male**

or



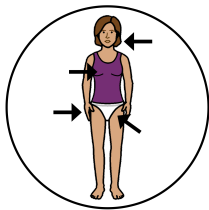
● **female**



## Assigned Sex

When people are young they are usually told they are male female.

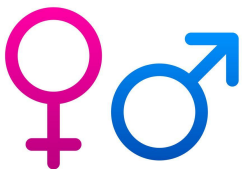
The sex people are given is usually based on



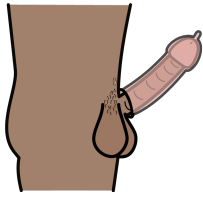
- **Private body parts.**

These are also called genitals.

and

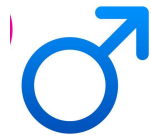


- **hormones.** These are chemicals inside peoples body that are said to be male or female.

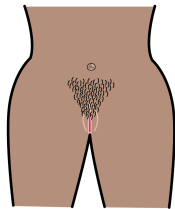


People who are told they are male usually have

- **penis**
- **testicles** or balls



- higher amounts of the hormone testosterone



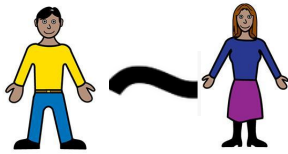
Female bodies usually have

- a **vagina**
- a **vulva**



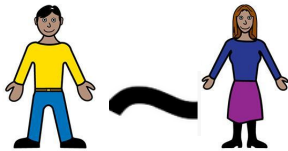
- higher amounts of the hormones

- estrogen and
- progesterone.

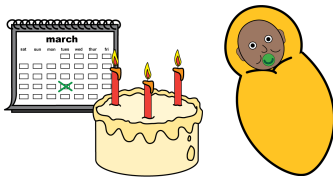


## Intersex

Some people may have intersex features.



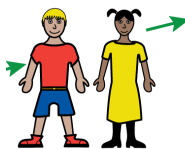
This means that they have body parts or hormones that are considered both male and female



Some people are born with intersex features.

**13**

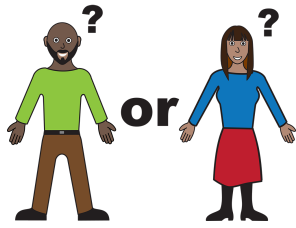
like:



- when they are teenagers



- when they become adults.



## Gender

Gender is not the same as sex. It is about how you see yourself or how you identify.

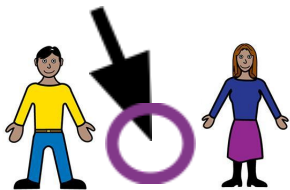
Like you can see yourself as



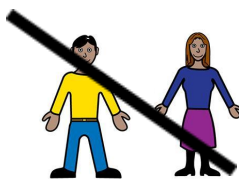
- a woman



- a man

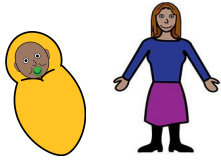


- between a woman and a man

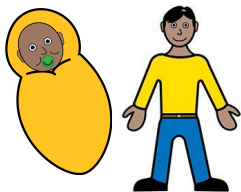


- not a woman or a man



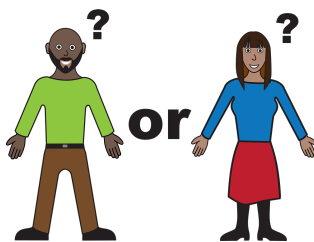


People who are women are usually born with female private parts. This is called being **assigned female at birth.**



People who are men are usually born with male private parts.

This is called being **assigned male at birth.**



But this is **not always** the case!



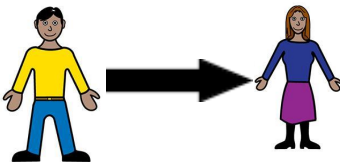
## Transgender



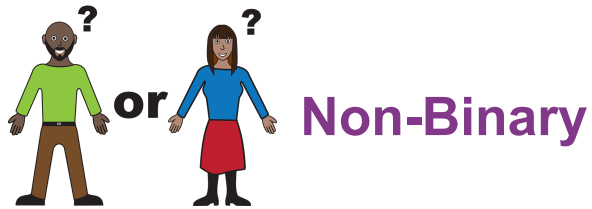
Some people who are **assigned male at birth** are **women**.



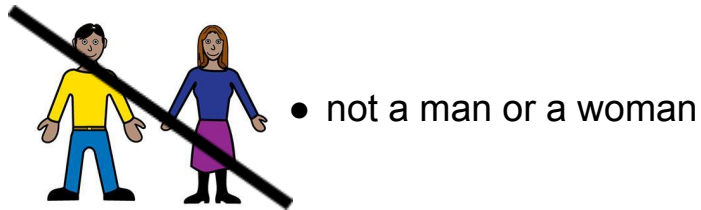
Some people who are **assigned female at birth** are **men**.



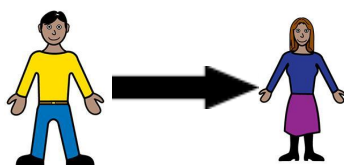
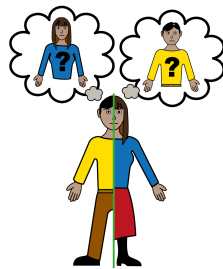
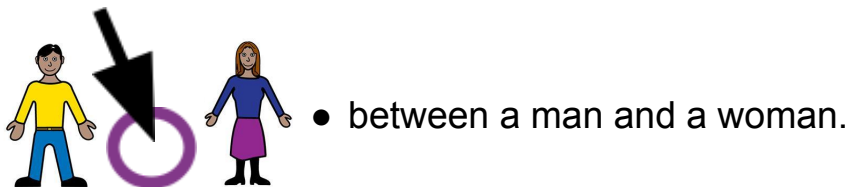
These people have usually changed their gender.  
This is called **transgender**.



Some people are

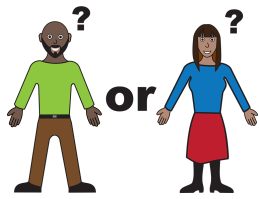


or

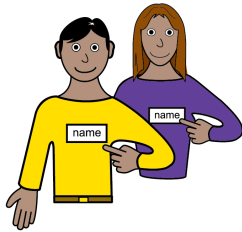


Sometimes Non-Binary people see call themselves Transgender.

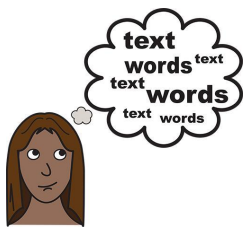
This is because they have changed their gender.



You can let other people know your **gender** with things like



- your name



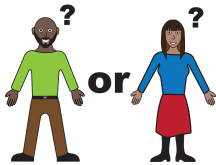
- words you use about yourself. Like

- he and him
- she and her
- they and them
- or something else.



These words are called **pronouns**.

# Sexuality



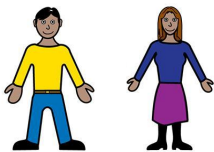
**Sexuality** is about the people you love or have romantic feelings for. You can love



- women



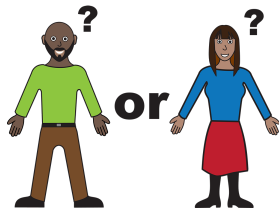
- men



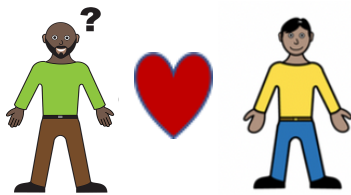
- all genders



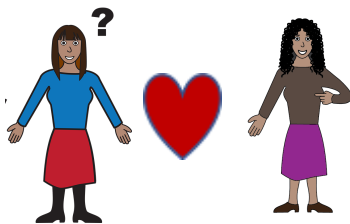
- no one.



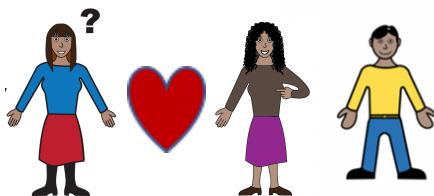
You may hear people use different words for **sexuality** based on gender. Like



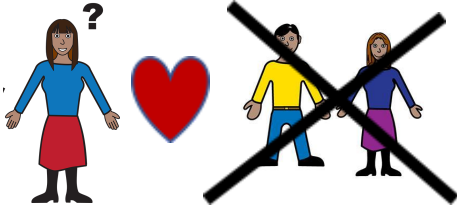
A man that loves a man can be called **gay** or **homosexual**.



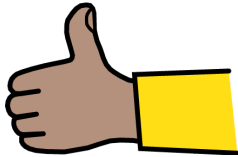
A woman that loves a woman can be called **lesbian** or **homosexual**.



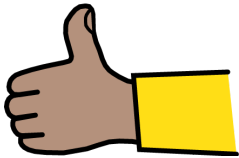
A person that loves people of more than one gender can be called **bi-sexual**.



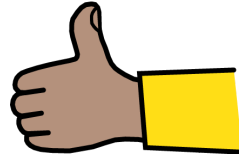
Some people do **not** have any sexual feelings for anyone. This is called **Asexual**.



This is **ok!**



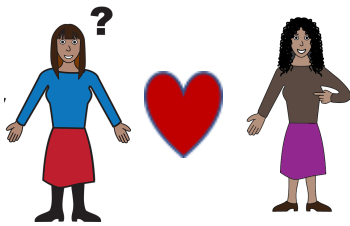
**All sexualities and genders are ok!**



## LGBTIQA+ Words

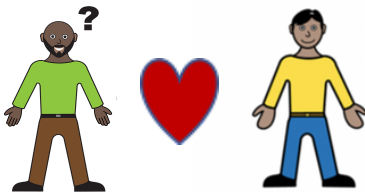


LGBTIQA+ means diverse sexualities and genders. The letters in **LGBTIQA+** stand for **Lesbian, Gay, Bisexual, Transgender, Intersex, Queer, Questioning, Asexual and other.** We explain these words below.



### Lesbian

A woman who has romantic feelings for other women.



### Gay

A man who has romantic feelings for other men.



### Bisexual

A person who has romantic feelings for more than one gender.





## Transgender

A person who's gender does not match the sex they were given at birth.



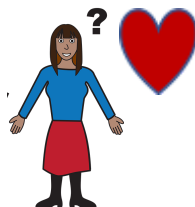
## Intersex

A person is intersex if they are born with or develop features that are **not standard** for a male or female **or** both male **and** female.

## Queer



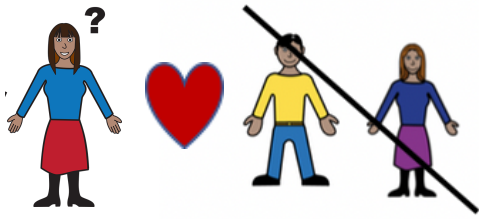
Another word used to talk about the LGBTIQ+ community.



## Questioning

A person who is

- not sure or
- trying to work out their sexuality or gender.



## **Asexual**

A person that does **not** have any sexual feelings for other people.



## **Remember**

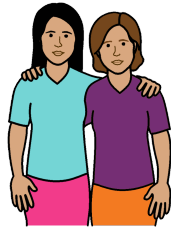
It is OK to be LGBTIQQA+

Everyone must respect other people.



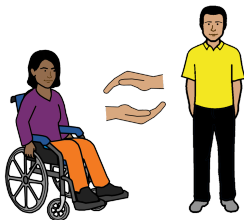
## Find out more?

Talk to someone you trust. Like



- a friend
- a family member

or



- a support worker

or



you can go to the **LGBTI Health Alliance**  
**website at**

**<https://lgbtihealth.org.au/communities/>**





## Thank you

### **Who wrote this book?**

Women with Disabilities Australia wrote this book in 2019-2020.

This book is for general education and information only.

### **Copyright**

© Copyright

Women with Disabilities Australia (WWDA) Inc. 2020.

All intellectual property rights, including copyright and patents, in this book is owned and licensed by Women with Disabilities Australia Inc.

### **Thank you for the money to write this book.**

The National Disability Insurance Scheme gave Women with Disabilities Australia some money to help build this website.

### **The images used in this fact sheet**

Easy on the I Images © 2019 Leeds and York Partnership NHS Foundation Trust. Used with permission. [www.easyonthei.nhs.uk](http://www.easyonthei.nhs.uk)

The Picture Communication Symbols © 2019 by Mayer Johnson LLC a Tobii Dynavox company. Used with permission. [www.tobiidynavox.com](http://www.tobiidynavox.com)

Logos. Used with permission.