

How to share your Story of Change

An Easy Read survey





How to use this survey



Women With Disabilities Australia (WWDA) wrote this survey.

When you see the word 'we', it means WWDA.



We wrote this survey in an easy to read way.

We use pictures to explain some ideas.



We wrote some words in **bold**.

This means the letters are thicker and darker.



We explain what these words mean.

There is a list of these words on page 50.



This is an Easy Read summary of another survey.

This means it only includes the most important ideas.



You can find the other survey on our website.

wwda.org.au



You can ask for help to read this survey. A friend, family member or support person may be able to help you.



We recognise First Nations peoples as the traditional owners of our land – Australia.

They were the first people to live on and use the:



land



• waters.



This document includes photos of Aboriginal and Torres Strait Islander people.

It may contain images of people who have passed away.

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About Women With Disabilities Australia (WWDA)



Women With Disabilities Australia

We are an organisation that supports women and girls with disability in Australia.



We also support people with disability who are **gender diverse**.



A gender diverse person is someone:

- who feels like they don't fit the idea of being a man or a woman
- whose gender given to them when they were born doesn't match the gender they are.

About this survey



We want you to share your **feedback** in this survey.



When you give feedback, you tell someone what they:

- are doing well
- can do better.



We also want to learn about your Story of Change. In this survey we call it your story.



Your story is about how WWDA LEAD helped you become a better leader.



There are lots of different ways you can share your story.

We explain this more on page 45.



WWDA LEAD supports women and girls with disability to be leaders. We call it our LEAD Project.



We made the word LEAD from the first letters of 4 words:

- Lead
- Engage
- Active
- Drive

Our LEAD Project helps women and girls with disability speak up about:



• being leaders

- doing things for themselves
- their freedoms
- their **rights**.



Rights are rules about how people must treat you:

- fairly
- equally.



Your feedback will help us understand what we did well in our LEAD Project.



Your feedback will also help us keep speaking up for:

- women and girls with disability
- gender diverse people with disability.

Filling out this survey

We sent you 4 documents in an email.

They are:

- How to share your Story of Change
- Questions about you
- Questions about WWDA LEAD
- Telling us what you think about WWDA LEAD.



You can contact us if you:

- haven't received all of these documents
- have any questions about this survey.



You can send us an email.

lead@wwda.org.au



You can fill out this survey if you're:

 a woman, girl or gender diverse person with disability

and

• one of our members.

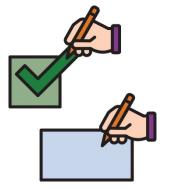


This survey has 19 questions.



There are some questions that you must answer.

We will tell you which questions they are.



• tick a box

or

• write your answer in a box.



You don't have to fill out this survey if you don't want to.

You can still be a WWDA member.



You can close this survey at any time if you want to stop.



You can take as long as you need to fill out this survey.



This survey closes on 1 June 2024.

This means you need to fill it out before 1 June 2024.



In our document called 'Telling us what you think about WWDA LEAD', we will look at what:

- went well
- could be done better.



And what we should:

- do more of
- stop doing.



Please send an email to us if you didn't get this information.

lead@wwda.org.au



We explain how to send us this survey on page 48.

How we will protect your information



We will keep your information:

- safe
- private.



We won't use your information unless you say we can.



This includes your:

- answers in this survey
- personal information.



We have a **policy** about how we protect your information.



Policies are:

- plans for how to do things
- where rules come from.



You can find our policy on our website.

wwda.org.au/privacy

Support for you



If you get upset and need support, you can contact Lifeline.



Lifeline is a service for people at risk of suicide. This is when someone ends their own life.



You can call Lifeline any time.





You can use Lifeline's online chat to talk to someone.

www.lifeline.org.au/crisis-chat

Giving your consent



When you give your **consent**, you say it is okay for someone to do something.

We need your consent to:



• collect and keep your answers



• use your answers, for example in our reports



• share your answers.



There are 9 questions in this section.



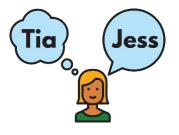
You must answer all of these questions.



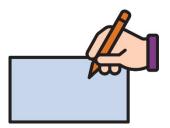
Please tick the box below that is true for you.



 \Box I don't want to share my name



- \Box I want to use a:
 - nickname
- name I've made up.



Please write your nickname or the name you've made up in the box below.



 $\hfill\square$ I only want to use my first name



 \Box I only want to use my last name



Do you understand that you don't have to take part in this survey if you don't want to?



Please tick the box below that is true for you.







Do you understand that we won't share your feedback with anyone else?



Please tick the box below that is true for you.



 \Box Yes





Do you understand that after you give us your feedback, we can't make changes to your answers?



Please tick the box below that is true for you.



 \Box Yes





When you **evaluate** something, you look at what:

- went well
- could be done better.



Can we use your story to evaluate our LEAD Project?



Please tick the box below that is true for you.



 \Box Yes





Can we collect and use your story to write reports?



Please tick the box below that is true for you.



□ Yes





Can we share your story with organisations who support us?



Please tick the box below that is true for you.



 \Box Yes





Can we share your story on our:

- website?
- social media?



Please tick the box below that is true for you.



 \Box Yes





Our team will work with you to understand how our LEAD Project has helped you to become a better leader.



Can we share your story with our team?



Please tick the box below that is true for you.



 \Box Yes



Questions about you



We want to find out a bit about you.



There are 9 questions in this section.



You don't have to answer all of the questions.



Are you someone with a **lived experience** of disability?



If you have lived experience of disability, you:

- have a disability
- know what life can be like for people with disability
- can tell your story to help others.



 \Box Yes







□ Maybe



 \Box I'm not sure

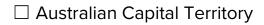
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Which state or territory do you live in?



Please tick the box below that is true for you.



 \Box New South Wales



- □ Northern Territory
- \Box Queensland
- \Box South Australia
- 🗆 Tasmania
- 🗆 Victoria
- 🗆 Western Australia



What type of area do you live in?



Please tick the box below that is true for you.



 \Box I live in an **urban area**

An urban area is:

- in a city
- close to a city.

$\hfill\square$ I live in a regional area



A regional area is a:

- small town
- place far away from a city.



\Box I live in a **remote area**

A remote area is a place far away from a city or town.



How old are you?



Please tick the box below that is true for you.



 \Box I am 15 to 30 years old



 \Box I am 31 to 45 years old



 \Box I am 46 to 60 years old



 \Box I am 61 years or older



Are you Aboriginal or Torres Strait Islander?



Please tick the box below that is true for you.



 \Box I am Aboriginal



 \Box I am Torres Strait Islander



 \Box I am Aboriginal and Torres Strait Islander

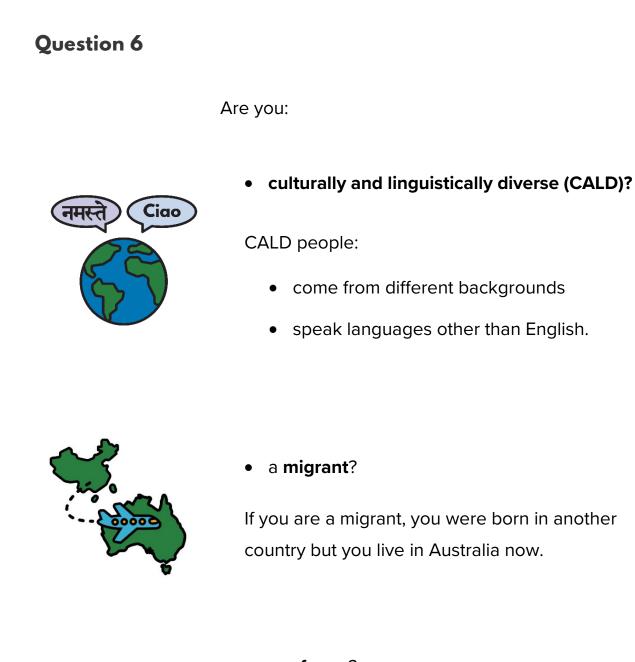


\Box I am none of these



$\hfill\square$ I don't want to share my answer

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• a **refugee**?

A refugee is someone forced to leave their country:

- because of violence
- so they can stay safe.



Please tick the box below that is true for you.

You can choose more than one answer.



\Box I am a CALD person



 \Box I am a migrant



 \Box I am a refugee

Question 7



This question is about your gender.

Your gender is what you feel and understand about who you are as a person.

You might think of yourself as a man or a woman or something different.

You can choose the words that are right for you.



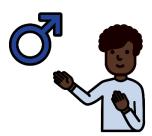
What is your gender?



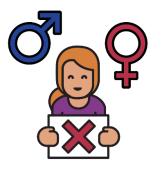
Please tick the box below that is true for you.



\Box l'm a woman



🗆 I'm a man



🗆 I'm non-binary

When a person is non-binary, they feel like they don't fit the idea of being a man or a woman.



 \Box I don't want to share my answer



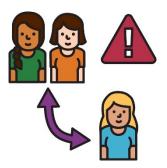
□ I'm questioning

If you are questioning, you might still be working out your gender.

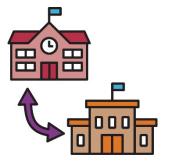


 $\hfill\square$ I will explain my gender in the box below

Question 8



Have other people ever forced you to be in a place away from everyone else?



For example, you might have had to go to a different school than people without disability.



Please tick the box that is true for you.



 \Box Yes



🗆 No



\Box I'm not sure



\Box I don't want to share my answer

Question 9



Which LEAD Project activities have you taken part in?



Please tick the box below that is true for you. You can choose more than one answer.



□ Project Steering Committee



 \Box Co-design Committee



 \Box Expert Co-production Panel



\Box Leadership Statement Development



□ Scholarships



□ Art Prize series



□ Mentoring Program



 \Box Leadership Week



□ Webinars



Peer Networking



\Box Workshops



□ Blogging



\Box Shadow policy writing

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Ways to share your story

Question 10



We made tools to help you share your story in the way you want.

They include instructions you can follow.



We will send you these tools after you:

- choose how you want to share your story
- send us back this survey.



How would you like to share your story?



Please tick the box below that is true for you.

You can choose more than one answer.



□ I would like to write letters to myself about being a leader



□ I would like to share my story in a creative way, such as:

- poetry
- photography
- art
- collage



□ I would like to make a map to show how I've changed



I would like to use different thinking exercises to show how I've changed



 I would like to write about or record a video about my experience



□ I would like to take part in a focus group with other people from our LEAD Project



□ I would like to answer questions about my experience

Sending us this survey



You can email us this survey after you fill it out.

lead@wwda.org.au



You can also print out this survey and send it to us in the mail.

Women With Disabilities Australia PO Box 407 Lenah Valley Tasmania 7008

Contact us



You can call us for more information.

0438 535 123



You can send us an email.

officeadmin@wwda.org.au

You can write to us.



Women With Disabilities Australia PO Box 407 Lenah Valley Tasmania 7008



You can visit our website.



wwda.org.au

You can follow us on Facebook.

www.facebook.com/WWDA.Australia



You can follow us on Twitter.

www.twitter.com/WWDA_AU

Twitter is also called X.

Word list

This list explains what the **bold** words in this document mean.



Consent

When you give your consent, you say that it's okay for someone to do something.



Culturally and linguistically diverse (CALD)

CALD people:

- come from different backgrounds
- speak languages other than English.



Evaluate

When you evaluate something, you look at what:

- went well
- could be done better.

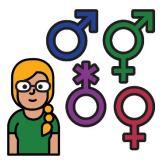


Feedback

When you give feedback, you tell someone what they:

- are doing well
- can do better.

Gender



Your gender is what you feel and understand about who you are as a person.

You might think of yourself as a man or a woman or something different.

You can choose the words that are right for you.



Gender diverse

A gender diverse person is someone:

- who feels like they don't fit the idea of being a man or a woman
- whose gender given to them when they were born doesn't match the gender they are.



Lived experience

If you have lived experience of disability, you:

- have a disability
- know what life can be like for people with disability
- can tell your story to help others.



Migrant

If you are a migrant, you were born in another country but you live in Australia now.



Non-binary

When a person is non-binary, they feel like they don't fit the idea of being a man or a woman.



Policy

Policies are:

- plans for how to do things
- where rules come from.



Questioning

If you are questioning, you might still be working out your gender.



Refugee

A refugee is someone forced to leave their country:

- because of violence
- so they can stay safe.



Regional area

A regional area is a:

- small town
- place far away from a city.



Remote area

A remote area is a place far away from a city or town.



Rights

Rights are rules about how people must treat you:

- fairly
- equally.



Urban area

An urban area is:

- in a city
- close to a city.



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