



Women
With
Disabilities
Australia
(WWDA)

Share your story

Tool 5: Thinking about how you have changed

An Easy Read version



How to use this tool



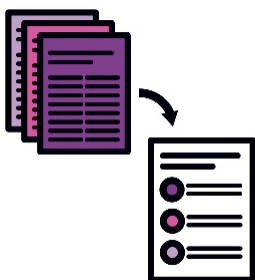
Women With Disability Australia (WWDA) wrote this tool.

When you see the word 'we', it means WWDA.



We wrote this tool in an easy to read way.

We use pictures to explain some ideas.



This is an Easy Read version of another tool.



You can find the other tool on our website.

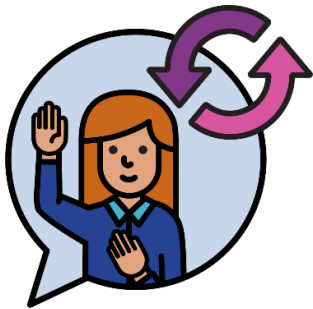
wwda.org.au/home/wwda-lead-monitoring-evaluation-and-learning/



You can ask for help to read this tool.

A friend, family member or support person may be able to help you.

About this tool



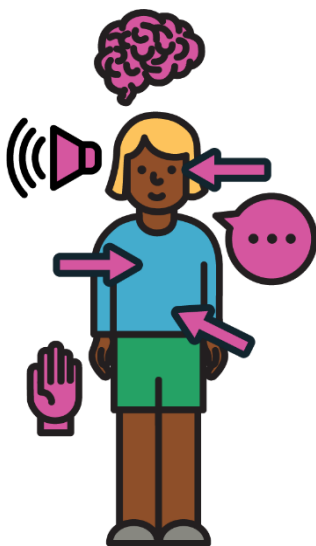
We would like you to think about how you have changed since you took part in WWDA LEAD.

We call it our LEAD Project.



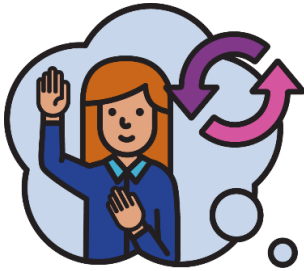
There are 7 exercises that will help you think about how you have changed.

You do not have to do all of the exercises.



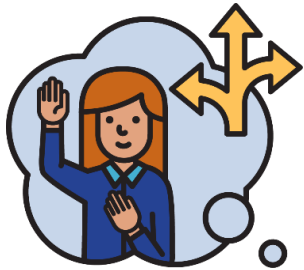
Each of the exercises is about a part of your body.

1. Your brain

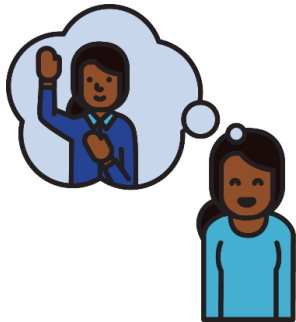


For this exercise, think about how the way you think about leadership has changed since you took part in our LEAD Project.

You can think about:



- whether you think about leadership differently



- how you think about yourself as a leader



- how our LEAD Project helped change how you think.

2. Your eyes



For this exercise, think about how you see leadership differently since you took part in our LEAD Project.



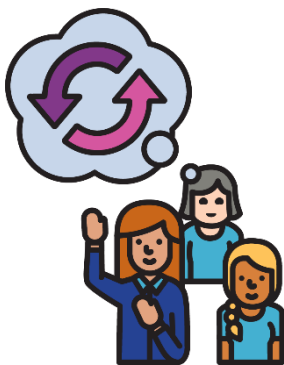
Think about how you see the leadership of **diverse** women and girls with disability differently.

When something is diverse, lots of different people take part in it.

This includes people with different:



- ages
- abilities
- backgrounds
- beliefs.



How did our LEAD Project help change how you see leadership?

3. Your ears



For this exercise, look at what other people say about your leadership since you took part in our LEAD Project.



You can ask people around you what they think about you as a leader.

They could be:



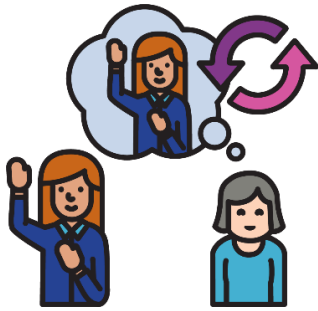
- your friends



- other people you did the project with

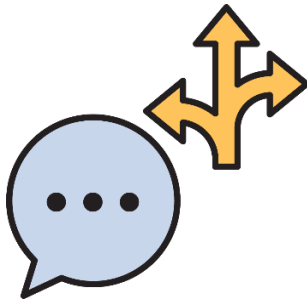


- other people in your community.

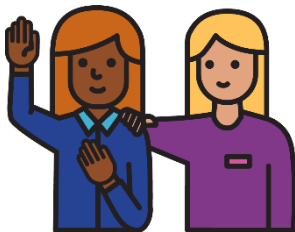


How did our LEAD Project help change how others see your leadership?

4. Your voice



For this exercise, think about whether you speak to other people differently, since you took part in the Project.



And how you have helped other people become leaders.



How did our LEAD Project help change how you speak to other people?

5. Your heart



For this exercise, think about how being a leader makes you feel, since you took part in our LEAD Project.



How did our LEAD Project help change how you feel about being a leader?

6. Your gut



For this exercise, think about how much your gut feeling helps how you are a leader.



What makes you listen to what your gut is telling you?



Did being around diverse women and girls with disability help you:

- listen to your gut feeling?
- act on what your gut is telling you?



Did our LEAD Project help you listen and act on what your gut is telling you?

7. Your hands



For this exercise, think about any examples of how you have been a leader since you took part in our LEAD Project.



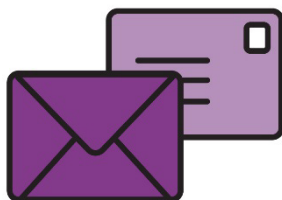
How did our LEAD Project help you to be a leader?

How to send this tool back to us



You can email us this tool once you've completed it.

lead@wwda.org.au



You can also send us this tool in the mail once you've completed it.

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